Would you be interested in speaking to us about your experiences during Covid-19?

We are really interested in hearing about your experiences of social distancing and self-isolation during the covid-19 pandemic and the impact it might be having on your wellbeing and mental health. We would like to speak to people with existing health conditions and from a range of backgrounds including:

- People with mental health problems
- People with long term physical conditions (e.g. cardiovascular, asthma and lung conditions, kidney disease, cancer, neurological conditions)
- Older adults (aged 70+)
- Parents with young children
- Health and social care workers
- Keyworkers
- Gig economy/freelance workers
- Healthy adults, particularly young adults (18-24 year olds)

What will happen if I take part?

- You will have the opportunity to discuss the study with a trained researcher and ask questions.
- You will be asked to take part in an interview with a researcher over the telephone, or via a video call depending on your preferences. The interview should last around 45 minutes.
- The information you give us will be anonymised and kept confidential.
- We will offer you a £10 online gift voucher to thank you for taking part.

If you are interested in hearing more, please contact:
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